

# LAKES VALLEY CONFERENCE

## 2023 All-Conference

### Boys Cross Country

Name	Class	School	Time
Kyle O'Rourke	10	Milford	15:57.50
Ty Parker	12	Walled Lake Northern	16:00.70
Pierce Grzymkowski	12	Lakeland	16:14.60
Lucas Karbel	12	Walled Lake Northern	16:40.60
Evan Rice	12	Walled Lake Northern	16:45.80
Noah Tiernan	12	Lakeland	16:51.20
Ryan Ward	12	Lakeland	16:51.30
Finn Gammerath	10	Walled Lake Northern	16:51.40
Gavin Johns	10	Lakeland	16:51.60
Matt Verellen	11	Lakeland	16:54.60
Nathan Bruss	9	Walled Lake Northern	17:05.80
Skylar Jess-Isenegger	12	Milford	17:07.10
Ryan Carrannanto	10	Milford	17:15.50
Andrew Mercier	12	Waterford Kettering	17:17.60
Brayden Mullins	12	Milford	17:20.40
Chase Griffith	11	Walled Lake Northern	17:20.90
Jacob Kosidlo	11	Lakeland	17:21.30
Ayden McDonald	11	Lakeland	17:21.30

